

Author: David Mariant, with Diane Mariant

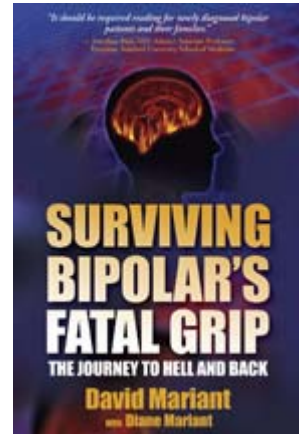
Endorsements

ISBN 0-9776859-0-X
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“Surviving Bipolar’s Fatal Grip: The Journey to Hell and Back”

“An inspiring and helpful account of the nature of bipolar affective illness and how to survive it. Especially riveting are the juxtaposed experiences of Mr. Mariant and his wife. While taking pains to avoid interfering with professional treatments, they empower patients and their families to take charge of the illness and make active choices to cope with and even grow from their experiences..”

Jonathan Russ, M.D. Stanford University School of Medicine



“I have found Surviving Bipolar's Fatal Grip is a valuable and helpful book. It is, firstly, a very easy to read book about a family's experience into the area of Bipolar that is not often discussed. The Mariant's have opened themselves up to discuss some very private, often difficult periods in their lives and we learn about the experience of not only the patient but also the spouse. Plus, it is a good quick reference book about definitions, symptoms, side effects, etc. that can be useful to people who are struggling with this mental disorder in their families or themselves. Thirdly, it describes some techniques and procedures that have been successful for David during his struggle to maintain a more normal life while living with Bipolar Disorder that others may use for themselves.”

Susan E. Klear, Ph.D. Licensed Psychologist, Santa Clara, CA

“The greatest impact of this book is the hope it offers, even beyond the benefit of the knowledge one gains in reading about David Mariant's personal experience. Surviving Bipolar's Fatal Grip: The Journey to Hell and Back, offers a hope that comes from love and forgiveness. By reading this book, the life of one on "this journey" and those alongside can be strengthened and encouraged.”

John Shirey, Senior Pastor, Calvary Baptist Church, Santa Clara, CA

“This book truly enlightened me to the challenges that families face with loved ones who suffer with bipolar. It has helped me to better understand and relate to both sides. This is a must read for pastors who wish to help bring healing to families that struggle with bipolar issues.

Jeff Seaman. Pastor, KLOVE Radio, Rocklin, CA

“This book is a God-send! In its pages the reader will find an understanding of oneself and one's diagnosis, strategies for coping, and a hope for the future.”

Michelle Toste --Living with Bipolar

“Very informative and needed, a real page turner, a must read for the bipolar and those who love them.”

Annette Butler, Living with Bipolar

“Finally we hear it from the source instead...thanks for not holding back!”

Sarah Williams, Living with Bipolar

“You could not get any more transparent than this.”

Shirley De Ridder, Family member with Bipolar

“The most illuminating account I have ever read about bipolar disorder. If you are a parent or loved one...you have to read this book!”

David Marvin, Child with Bipolar

“Part of my spirituality was reborn through your written words”

Rachel (anonymous), Living with Bipolar

Publicist:

Integrated Book Marketing (NY)

Sharon Castlen (631) 979-5990

ibmarket@optline.net

Publisher

Mariant Enterprises, Inc. (CA)

David Mariant (408) 243-9999

david@survivingbipolar.com